# 2003 Annual O'Neill Show "Mental Floss"

Master of Ceremonies Becca Atkins

Commercial #1

Written by Anna Maria Trusky

Directed by **Becca Atkins** 

> Bob Howard Beatman

Dick Clark's Rockin' Medication Time

Written by Frederick Vaughn Directed by Catherine Fedeli

Dick Clark Sam Bliven Nurse Justina Ayles Tall Billy Matt Olson Heather Kristina Adcock Allison Anne Patti Tootie Debbie Hotham

Trekkie **Judith Fssex** 

Commercial #2

Written by Anna Maria Trusky

Directed by Steven Marks

Announcer Becca Atkins Innocent Bystander SJ Williams

Commercial #3

Written by Anna Maria Trusky

Directed by Becca Atkins

> Bob Howard Beatman

# Intermission

Refreshments, tee shirts and buttons available in the Barn Lobby

# My Big Fat Freak Wedding

Written by Anna Maria Trusky Directed by Becca Atkins

Tuna Portapottys Anna Maria Trusky

Cuss Portapottys Sam Bliven Mania Portapottys Anne Patti SJ Williams Valium Flashback Tuna **Robin Fleming** Girl #1 **Dylan Croft** Girl #2 Judith Essex

Sick Portapottys **Gerald Cory** lan Runofthemiller Greg Bliven

Howard Beatman Joe Blow Pregos Judith Essex

Grandma Lala Marilyn Neale

Justine Francese Sikki

Mary Runofthemiller Dylan Croft John Runofthemiller Matt Olson Father Plato Pastisio **Special Guest** 

Act One

Scene One: Zany Zorba's Gouse of Gyros Scene Two: Auntie Valium's Travel Agency

Scene Three: The Portapottys' kitchen

Scene Four: lan's Car

Act Two

Scene One: The Portapottys' Living Room

Scene Two: **Engagement Party** 

Scene Three: Preparing for the Ceremony Scene Four: The Freak Orthodox Church Scene Five:

The Wedding Reception

## Production Crew

Producer/Director Becca Atkins

Stage Manager Sharon Kitlinski/Robin Fleming

**Stage Crew** Tammy and Loretta from NC,

> Helen Cronin, Debbie Hotham, Tonia Pellegrino, Kristie Adcock,

Tracy Goodnow, Deb Cluff

**Lighting Design** Iim Stidfole, Becca Atkins

> Lights Iim Stidfole

Sound Tan Robes

**Music/Sound Effects** SI Williams

Scenery/Props/Costumes ST Williams

**House Crew & Concessions** Mary Ann Stroich, Tonia

Pellegrino, Gary Hotham

**Baked Goods** Becca Atkins, Sharon Kitlinski,

Helen Cronin, Howard Beatman,

Madelyn Schuller, Sue Ponder

**Ticket Sales** Becca Atkins

Show Artwork Mark Connor

Poster/Flyer SI Williams

Program Booklet/ Becca Atkins

Misc. Graphics

**Well Being Coordinators** IoAnn Sheehan and Rick Gaumer.

Robin Fleming, Gary Hotham

# Artreach Board of Directors

President: Susan Morton Vice President: Sam Bliven Secretary: Robin Fleming

> Kathleen LaVallee Debbie Lehman Mary Ann Stroich Anna Maria Trusky

# Please Support Our Advertisers, as they have supported us!

Therapists & Mental Merchants **Health Services** Caruso Music Greene's Books & Becca Atkins, LPC CT Center for Human Beans Joydon's Growth & Kientzy Jewelry Development Linda Doran. Leader Store APRN, CS Olde Mystick First Step, Inc. Village L & M Hospital Robert's **United Services** Audio/Video **Traditions** 

Food

Greene's Books &

Beans Gridlock Grille Paul's Pasta

Banks

Citizen's Bank Dime Savings

Miscellaneous

Services

Brenda's Hair Care Camaro Signs Carper's Chimney

Doherty, Beals & Banks

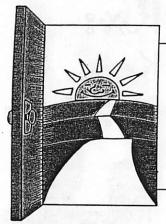
Goodfriend's Vet

**Therapy Sisters** Willowbrook Golf

Course

Auto Eurocars **Quality Car** Care

Superior Auto



# **SMHA**

Southeastern Mental Health Authority "Opening the door to recovery"

Brief Care Program • Mobile Outreach Team
ACCESS Team • Life Skills Program
Young Adult Services
Community Support Program
Intensive Clinical Case Management
Homeless Outreach ACT Program
Forensic Services • Jail Diversion Services
Housing Office
Consumer/Family Liaison

Dept. of Mental Health & Addiction Services CARF accredited facility.
Accredited in:
Mental Health Programs: Assertive Community Treatment, Case Management, Crisis Intervention, Residential Treatment
Alcohol and Other Drug Programs:
Detoxification

SMHA is a State of Connecticut,

401 W. Thames. St., Norwich, CT (860) 859-4500

# Special thanks to:

Mark Connor, for wonderful artwork
Anna Maria Trusky for script
Frederick Vaughn for script
Leader Stores for loaning us the recliner
Coca Cola for donating soda
Camaro Signs for Will's banner
Mr. Pizza, for donating pizza to the
"Help Will Foot the Bill" party

# Many Thanks to all of you who donated to Will's medical fund!

Kevin & Kathy McMahon Margaret Tyler Dierdre O'Connor Mary Ann Stroich VAdm & Mrs. Williams Jack Malone James Carper Helen Cronin Cynthia McTyre Ira & Monica Sakalsky Anna & Paul Trusky John & Maggie Heil Stewart Williams Mary Briones Hans Lohse Kris Dierrico Kato McNickle Deb Cluff Marilyn Neale John Skawinski

Diane Mack Rick & Andrea Stannard John & Linda Sacha Camaro Signs

Sharon Kitlinski

Robin Gilmartin

Heidi Boehm

Mr. Pizza
Justina Ayles
Alissa Desmarais
Kelly Cunningham
Marcia Bohannon
Sam Bliven
Connie Bement
Greg Bliven
Cathy DeVeau
Norman & Kathy LaVallee

Robin Fleming Sue Ponder Laurie & Joe DiPaola Jenny Honen

Jenny Honen Donna Berman Joe & Pam DiFiore Dianne & Ed Halleck-

Strycharz
Phil rouse
Jean W. Wahl
Mary Forster
The Mereen Family
Madelyn Schuller
Ned Ruete

Robert and Joyce Rabatin

Kathleen Martin Lori Pacific

# THE COUNSELING CENTER AT LAWRENCE & MEMORIAL

# Our skilled staff are now accepting appointments for the treatment of:

Depression Anxiety

Marital Problems

Panic Disorder

Eating Disorder

Self-esteem Issues

Sleep Disorders

Obsessive Compulsion

Family Therapy

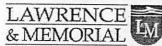
Senior Issues

Most insurances accepted

# Day or evening appointments are now available at two convenient locations:

Lawrence & Memorial Hospital 365 Montauk Ave., New London (860)442-0711, ext. 5127

Pequot Health Center 52 Hazelnut Hill Road, Groton (860) 446-8265, ext. 7015



The more you know about healthcare, the more you'll like L&M. www.lmhospital.org

# DIAMONDS • GOLD • WATCHES PRECIOUS STONES



Joseph S. Parzych

President

48 State Street New London, CT 06320

(860) 443-7792

# JOYDON'S

HOUSE OF LEISURE

COINS • STAMPS
SPORTS CARDS \* COMICS
ESTATE JEWELRY
COLLECTIBLES

Area's Leading Buyer of Gold and Silver For Over 40 Years

WE BUY, SELL and TRADE Anything The World Collects

24 Eugene O'Neill Drive New London, CT 06320 443-5887 Keep

acting out!



www.TheTherapySisters.com

# **GOOD LUCK**

ARTREACH & THE SECOND STEP PLAYERS

**FROM** 



**PROVIDING** 

CASE MANAGEMENT
BENT CRANDALL PROGRAM

EMPLOYMENT SERVICES COMMUNITY EDUCATION

COMMUNITY SUPPORT SERVICES SUPERVISED APARTMENT PROGRAM OASIS-PSYCHOSOCIAL REHABILITATION Furniture

Murray Navick

Home: (860) 889-6490

Bedding

Floor Covering

# LEADER STORES

Navick Brothers

Since 1910

233-255 Central Norwich, CT 06360

(860) 887-1666

Fax: (860) 887-3926

"Your Family Will Love Doing Business With Our Family"

# Linda Doran

A.P.R.N., C.S. Counseling and Psychotherapy

14-14 Mason's Island Road Mystic, Connecticut 06355

860-536-8804 By Appointment

Break a Leg, Second Step Players!

Brenda's Hair Care Stonington, CT

536-7564

How Can My Telephone Make Money for The Second Step Players? It's easy, if you use SNET!

SNET has pledged to give Artreach 5 cents for every dollar you spend on the long distance calls you make from your phone - at NO COST TO YOU!

Call
1-800-635-7638
and tell them you want to enroll in the Community Connections Program.
Our code number is 3373.



# Carper's Chimney Service

Cleanings, Repairs

James R. Carper CT License #00560223 (860) 204-9820



### THE CONNECTICUT CENTER

For Human Growth & Development

- GESTALT BIOENERGETICS •
- PSYCHODRAMA
   EMDR

244 South Main Street, Colchester, CT 06415 Call for Information: 860-537-3977



Home of the 9 lb. Lobster!

## Serving

- Breakfast
- Lunch
- Dinner

Open Daily at 7:30 am

566 Colman Street New London, CT 06320

860-442-0033

len\_s\_foods@sbcglobal.net www.gridlockgrille.com

# One Touch to Music!

- Home Automation
- · Home Installation
- · Used Stereo
- · Home Theater
- Networking
- · Multi-room Audio
- · Pre-Wire New Homes
- · In-Store Repair
- Plasma Flat TV
- Fstablished 1934

# ROBERTS Audio · Video

90 Bank Street

**New London** 



442-5314



Serving your accounting and tax needs since 1948 187 Williams Street, New London, CT 06320



All types of signs, large format printing & laminating

58 Yantic Flats Rd., Yantic, CT 06389

860-886-1553 fax 860-886-2613



# CITIZENS BANK

Citizens Bank of Connecticut 32 Boston Post Road Waterford, CT 06385



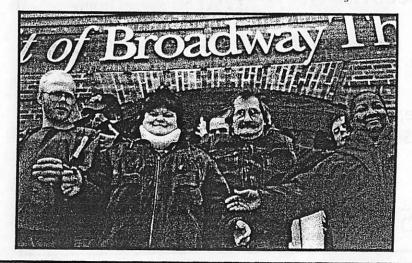
860 444-3560 INFO-LINE 800 922-9999

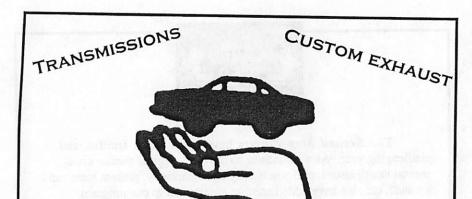


Work Hard/Play Hard is a special and exciting recreation program open to all mental health consumers who are either employed or in the process of gaining the skills necessary to obtain and keep a job. The program is special in several ways; it is primarily consumer run; all events take place entirely in the community; door-to-dor transportation is provided to and from all events; and the variety and quality of recreational events provided are exceptional.

Recreational events take place on evenings and weekends. Some of our favorite events this year have been the Connecticut Sun games, Coast Guard concerts and other musical events, plays at the Granite Theater and the Garde Arts Center, pottery, and community events such as Sailfest and the local art shows and festivals. Our weekly bowling and shopping trips are also well attended.

For additional information, pick up a brochure from the Button and T-Shirt Table in the lobby.





# Superior Auto Center

92 Stonington Road, Route 2 Norwich, CT 06360

# 24 Hour Wrecker Service!

Telephone 889-4151

If Busy, Call 887-1103

DANIELLE KOLASHUK

RON DAIGNEAULT

In recognition of the dedication of the Second Step Players, the volunteers and fellow donors, we give a

# Standing @vation. Dime Bank

MEMBER

www.dimesavingsbank.com



# GREENE'S BOOKS & BEANS

Where Spirit and Mind Meet

Jewelry • Candles • Crystals Greeting Cards • Incense • Gifts Coffees • Teas • Chai • Espresso

Phone: 443-3312 140 Bank Street, New London, CT 06320



Upcoming Second Step Players and Artreach sponsored events at the Donald Oat Theater, 62 Broadway (3rd Floor), Norwich, CT

November 1, 2003: Therapy Sisters Concert!!

"If laughter is the best medicine, then The Therapy Sisters are a two-woman dispensary." Denver Post
"Better than Prozac." Fort Worth Star Telegram

ian i 102ac. Tott worth Star Telegram

Need I say more? See you there!

November 14 & 15, 2003

Debut of Second Step Players 2003/2004 Touring Show!

"One Flew Over the Cuckoo's Nest meets Saturday Night Live. . ." The Hartford Courant; Hartford, CT

"This is theater at its best; rich, funny, touching, always surprising." Norwich Bulletin; Norwich, CT

Call Becca at 860-887-0014 for more information.



# WILLOWBROOK GOLF COURSE

124 Brookfield Street South Windsor, CT 06074

Telephone: (860) 648-2061 Fax: (860) 648-2680

# www.willowbrookgc.net

# Goodfriends Veterinary Clinic



339 Flanders Road, Suite 104 Flanders Four Corners East Lyme, CT 06333

(860) 739-4637



Dedicated to musicians and the performing arts for over 70 years

Pianos, Keyboards, Guitars, Amps, Drums, Lights, P.A. Systems, Recording Equipment and much more.

Call 443-6810 for the Caruso School of Music Lessons for all instruments

> Call: (860) 442-9600 FAX: (860) 442-0463 94 State St. New London, CT 06320

E-mail: sales@carusomusic.com http://www.carusomusic.com



The Second Step Players have had a busy, fruitful, and challenging year. As we continue to develop original theater about mental health issues, perform locally and nationally, present music and art stuff, etc., we have added another component to our program.

Lately we have been approached to serve as consultants for other groups who want to produce theater like ours. Last year Becca served as a consultant for the newly developing *Underground Players*, a theater troupe out of Common Ground, a clubhouse in the East Hartford area.

This year we have two people from Shelby, NC who are working on our stage crew as the first step in the process of starting their own theater troupe. They plan to use theater to educate local employers to reduce stigma and negative stereotyping in order to create a broader base of businesses that will hire people who have psychiatric diagnoses. Tammy and Loretta, from Adventure House, are living up the to "Adventure" part of their name! They've been with *The Second Step Players* all week - from loading the van, to surviving long nights of technical and dress rehearsals, to being fully active participants on the back stage crew.

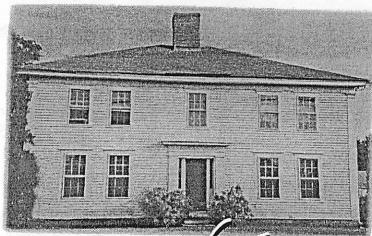
You may have heard through the grapevine that Becca took a leave of absence from *The Second Step Players* this winter to fill in at Eastern Connecticut State University in its Counseling Center. Although she loved working with her colleagues and the students at ECSU, she ultimately discovered "there's no place like home. . . " - so Becca is back as Director of *The Second Step Players*, and also has a part time private psychotherapy practice in West Hartford.

SJ continues to create video projects, working on short films locally and putting together documentary style pieces to help people tell their recovery stories, for who better to explain the recovery process than someone who has been there, done that?

To inquire about booking The Second Step Players for a performance or a Hearing Voices Workshop, please call Becca Atkins at (860) 887-0014.

### HEY, WE'RE ON-LINE!!

Check out our website: www.artreachheals.org
E-mail: becca@artreachheals.org
sj@artreachheals.org



# Traditions

Kristin Avery and Martha Reed, former owners of *Traditions Bridal and Formal Wear* of Norwich, have moved their business to a colonial home with fireplaces and cozy rooms at 85 Bridge Road, Haddam. While remaining one of the few full-service bridal stores in CT, the move allows them to represent new designers and collections. Traditions now features "special occasion clothing" for bridal parties as well as tuxedos, prom wear and event dressing.

Open Tuesday - Saturday • 860-345-7750 85 Bridge Road, Route 82, Haddam, CT www.traditionsofhaddam.com

# **Auto Detailing**

by

# DiFiore's Quality Car Care=



- Hand Washing
- Compounding, Interior shampooing, Polishing & waxing
- Odor and smoke removal
- Gift certificates
- Free pick-up & Delivery (Norwich)

Old Cars Like New!

New Cars Better than New!

BONDED & INSURED FREE ESTIMATES

886-8151





#### SALES & SERVICE

- All cars include 12 months/12,000 mile major drivetrain warranty.
- · Additional warranties available.
- All cars fully serviced and inspected.
- Financing available.

444-2001

Mark Bussolotti Owner

538 Poquonnock Road Groton, CT 06340 www.eurocarsplus.com

# Announcing the Opening of my Private Practice!

Becca Atkins, MA, LPC **Psychotherapist** 



## Therapy for:

- Depression
- Anxiety
- Trauma related issues
- Eating disorders
- Life transitions
- Personal growth

17 South Highland Street • West Hartford, CT 06119 For more information or to schedule an appointment, call (860) 367-7177 Sliding fee scale available.

Best Wishes
for another successful
performance
at the Eugene O'Neill Theater!



#### ARTREACH MISSION STATEMENT

Artreach promotes healing through creativity and support of individuals with psychiatric diagnoses and their families, and challenges stigma through community education.

#### STATEMENT OF PURPOSE

Artreach, Inc. believes that creativity and recreation in all their forms are profoundly empowering and consequently healing endeavors. We support people who have experienced psychiatric, physical and developmental disabilities to become performers, artists, musicians and writers or to expand their ability to recreate. As a results oriented organization, Artreach's goals are to:

- Empower people who have experienced disabilities to create a culture of their own using role models that come from their own ranks; to celebrate their strengths and encourage them in their struggles by creating art forms that speak to their experiences and values;
- Educate the general public and future generations, through the use of cultural activities, about the value of people regardless of how they are labeled or disabled:
- \*\* Produce and tour high quality published work, artistic exhibitions, musical recordings and performances, and theatrical events, primarily, using artistic and production personnel who have experienced psychiatric disabilities:
- \*\* Provide high quality training to artists and production personnel who have experienced disabilities:
- \*\* Provide training to other professionals in the technology involved in the production of artistic events using artistic and production personnel who have experience d disabilities;
- \*\* Expand the community based recreational opportunities available to people who have experienced disabilities:
- \*\* Develop technologies and strategies to support people who have experienced disabilities to integrate into existing community based recreational opportunities;
- \*\* Educate the general public and the "disability community" about the essential and pivotal role recreation plays in a complete and fulfilling life for people with or without disabilities.
- \*\* Through artistic, cultural and recreational activities, encourage consumers to acquire and actively implement into their lives socialization skills necessary to community integration and obtaining and keeping employment.



445-5276

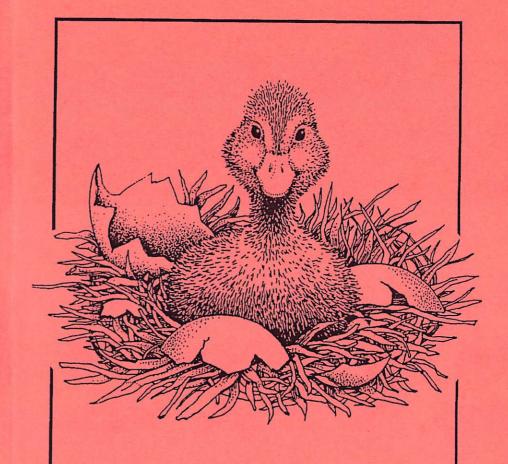
223 THAMES ST., GROTON

Specializing In: Freshly Made Pasta And Pasta Accompaniments

Enjoy Lunch Or Dinner Inside Or On Our Deck Or Take Home A Lb. Of Our Pasta And One Of Our Own Sauces

VOTED BEST VALUE IN NEW LONDON COUNTY READER'S CHOICE AWARD-CONNECTICUT MAGAZINE 8 out of the last 10 years!

TAKE OUT MENU • RETAIL • CATERING



# Discover a Magical Moment at Olde Mistick Village

From the moment you arrive at Olde Mistick Village a special feeling comes over you.

Duck ponds, flower gardens and more than 60 quaint village shops transport you into an enchanting world of 19th century charm. Here you'll discover unique and wondrous items and gifts from all over the world.

Come wander through Olde Mistick Village and feel the magic.

For a complimentary special events calendar, call or write: Olde Mistick Village, PO Box 176, Mystic, CT 06355 (860) 536-4941.

Olde Mistick Village



# UNITED SERVICES, INC.

# creating healthy communities

www.unitedservicesct.org

860-774-2020

1007 N. Main Street 132 Mansfield Avenue Dayville, CT 06241 Willimantic, CT 06226 Columbia, CT 06237 Wauregan, CT 06387 860-456-2261

233 Route 6 860-228-4480 303 Putnam Road 860-564-6100

United Services Inc. is Connecticut's most comprehensive nonprofit behavioral health center and serves the twenty-one northeastern Connecticut communities.

"Creating Healthy Communities"

The Center currently has four major sites, Dayville, Columbia, Wauregan and Willimantic plus numerous off-site programs. A staff of over 250 includes licensed psychiatrists, social workers, marriage and family therapists, certified substance abuse counselors, case managers, prevention specialists and employee assistance professionals. United Services holds a three-year accreditation from the Joint Commission on Accreditation of Healthcare Organizations.

#### Clinical Services

Adult Behavioral Health Outpatient Services - Addiction Recovery Outpatient Services - Children and Family Behavioral Health Treatment - Emergency Mobile Psychiatric Services - Crisis Assessments - Jail Diversion Services

#### Continuing Care Services

Assertive Community Treatment (ACT) Team - Case Management Services -Domestic Violence Program - Family Violence Outreach Services - Social and Vocational Rehabilitation Programs - Residential Services and Supports

#### Prevention and Early Intervention Services

Communities Raising Children/Care Coordination - Community Housing/Living Skills Assistance -

Early Childhood Consultation - Intensive Family Preservation and Reunification - Juvenile Justice Center - Multicultural Parent Support Center -Parent Aide Services - School to Employment Program -Teen Pregnancy Prevention - Wayside Adolescents in Crisis - Youth Services Bureau - Youth Clubs

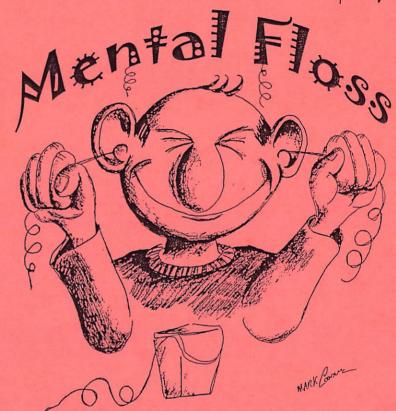
#### Services to Business and Industry

Employee Assistance Program with two components: Employer Consultation Services and Employee Counseling Services. A Consortium Model meets the needs of small organizations (under 100 employees). Specific trainings are available for employers without an EAP contract.

#### Psychiatric Services

Provided by four staff psychiatrists to serve adults, adolescents, and children.

Artreach, Inc. presents The Second Step Players



.. another relevant & irreverent look at mental illness.

Our 17th annual show at The Eugene O'Neill Memorial Theater Center

September 18, 19 and 20, 2003 7:30 pm