



### **Artreach New Member Criteria:**

- Must have a sincere desire to use the arts in service of their mental wellbeing and recovery process.
- Must have, or have had in the past a primary presenting problem associated with mental illness.\*\*\*
- Must already be in progress in their recovery process
- Must have mental health support beyond Artreach such as a case manager, therapist, psychiatrist/APRN, **and/or** support group.
- Must be able to participate in programs without the use of a one-on-one support staff.
- Must be living independently or in supported housing.
- Must have their own phone number for communication with the Artreach staff.
- Must be able to attend programs regularly (level of commitment varies per program)
- Must be 18 or older.
- Must be willing to adhere to the Artreach Community Guidelines.

*If you have any questions about the above criteria, please reach out to [Carin.ArtreachHeals@gmail.com](mailto:Carin.ArtreachHeals@gmail.com)*

*\*\*\*Including but not limited to anxiety, depression, OCD, PTSD, bipolar disorder*

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